



## **UPstanders Against Antisemitism**

## **WORKSHOPS FOR YOUTH, PARENTS, AND EDUCATORS**

## Do Jewish youth know what to do when:

- THEY HEAR NAZI TAUNTS?
- NEGATIVE JEW JOKES ARE DIRECTED TO THEM OR THEIR FRIENDS?
- THEY OBSERVE VERBAL AND/OR NON-VERBAL SLIGHTS, SNUBS, INSULTS?
- THEY SEE ANTISEMITIC TROPES, CARICATURES, AND STEREOTYPES ONLINE?

Teacher Training

- Parent WorkshopsInteractive Youth Programs
- Keynotes Conference Speaker

## **Solution-Oriented**

- Discussion of the challenges and problems
- Role-playing scenarios and practice
- Awareness and rehearsal of positive self-talk and self-compassion
- Guidelines for seeking adult cooperation
- Recognition of religious/ethnic pride and identity

'If you want to give children the gift of being able to stand up against anti-Semitism and hate, call Bias Busters! Watching Lynne and her team engage with students and get them to open up and talk about their own experiences; as well as role play and talk about how they would handle themselves in the future, if confronted with anti-Semitism and/or hate, was nothing short of incredible. The facilitators have a unique ability to break through and interact with kids in a meaningful way; and the skills gained during the program, makes youth UPstanders.

JCC Program Director

This interactive educational program prepared my youth to respond more tactically, strategically and now know when to report to an adult. The teachers, parents and I are so glad we called them in and have an anti-bias program to build upon in the future.

> Educational Director Congregation Brothers of Israel